

2017

**NH Integrated
Emergency Volunteer
Conference**

September 23, 2017

7:30am-2:45pm

NH National Guard Training Facility

722 Riverwood Drive

Pembroke, NH

**Registration
Information**

REGISTRATION INFORMATION

Location

NH National Guard Training Facility
722 Riverwood Drive
Pembroke, NH 03275

Fee

There is no fee to attend this conference.

Parking

Parking is extremely limited. We strongly encourage carpooling. We will be distributing parking passes on a first-come, first-served basis. Arrangements for alternate parking locations have been made if needed. Stay tuned for more information.

Attendance Eligibility

Space for the conference and specific sessions is limited and registrations will be handled on a first-come, first-served basis. All active volunteers of the following organizations are welcome to register:

- Medical Reserve Corps units within NH
- Community Emergency Response Teams within NH
- NH Disaster Behavioral Health Response Team
- NH DHHS - Emergency Services Unit
- NH Emergency System for Advance Registration of Volunteer Health Professionals
- American Red Cross chapters within NH
- Civil Air Patrol
- NH Amateur Radio Emergency Service
- NH Disaster Animal Response Team
- NH Metropolitan Medical Response System - Medical Task Force I

How To Register

Go to <https://nhievc2017.eventbrite.com> to complete your registration online. If you cannot complete the registration online, please call Courtney Castro at 603-573-3308 to complete your registration via telephone. All registrations must be completed by **September 8, 2017**.

Continuing Education Credit

JSI Research & Training Institute, Inc. is an Approved Provider Unit of Continuing Nursing Education by the Northeast Multistate Division, an Accredited Approver by the American Nurses Credentialing Center's Commission on Accreditation. In order to receive full credit for a session, you must attend the entire session. Nurses should only claim credit commensurate with the extent of their participation in the activities. Sessions approved for nursing CNEs are indicated with "*".

Nursing CNEs may be transferable to other professions and satisfy licensure/certification requirements. Please consult your individual licensure board for specific requirements. Proof of your attendance at this conference is provided in the form of an attendance certificate at the conclusion of the event.

Photo Release

CHI/JSI may use pictures from this event to promote future conferences and in recruitment materials for participating organizations. Unless permission is revoked in writing to CHI, all conference visitors agree to the use of their likeness in such materials by the virtue of their attendance.

Questions?

Contact the Community Health Institute at NHIEVTC@jsi.com or 603-573-3306.

Conference Schedule

Session descriptions, objectives, and speakers begin on page 4.

* Indicates nursing CNEs are available for the session

| Times | Scheduled Activities | | | | | | | |
|-------------|--|--|--|-------------------------------------|--|--|---|--|
| 7:30-8:30 | Registration & Light Breakfast | | | | | | | |
| 8:30-9:00 | Welcome & Introductions | | | | | | | |
| 9:00-9:15 | Transition to Sessions | | | | | | | |
| 9:15-10:30 | 1a. Psychological First Aid* | 1b. Chemical, Biological, Radiological, and Nuclear Awareness* | 1c. Considerations for Responses Involving Persons with Autism Spectrum Disorders* | 1d. Traffic Control Techniques | 1e. Critical Incident Stress Management: Crisis Communications* | 1f. National Guard Response to Emergencies in NH | 1g. Data in Your Community for Emergency Planning and Beyond | 1h. Citizen Emergency Response Team: The Community Advantage |
| 10:30-10:45 | Break | | | | | | | |
| 10:45-Noon | 2a. NH Voluntary Organizations Active in Disaster: The Who, What When, and Why | 2b. Responder Health & Safety: Post-deployment Debriefing* | 2c. Strategic National Stockpile (SNS) and CHEMPACK Awareness | 2d. Can you help me find my family? | 2e. Lessons Learned from My Own Emergency: How We Can Better Prepare Citizens for Emergencies of All Sizes | 2f. Emotional Freedom Technique* | 2g. Dementia and Disaster Intervention: Understand, Approach & Respond* | |
| Noon-1:15 | Lunch | | | | | | | |
| 1:15-2:30 | 3a. Civilian Response to Active Shooter Events* | 3b. NH's Heroin Epidemic* | 3c. Radiological Concepts* | 3d. Compassion Fatigue* | 3e. National Weather Service Weather Spotter Training | 3f. Cribbing – A Rescue Operation | 3g. Food & Water Safety in Shelters | |
| 2:30-2:45 | Evaluation & Adjourn | | | | | | | |
| 2:45-3:45 | Attention DBHRT Volunteers Only Enhancing Resilience and DBHRT (closing remarks) | | | | | | | |

1a. Psychological First Aid*

Speakers: TBA

1b. Chemical, Biological, Radiological, and Nuclear Awareness*

This session will provide participants a chance to investigate a chemical, biological, radiological, and nuclear attack on a civilian population. A case study will provide historical context of the attack and how the population responded to the attack. We will review each of the responses and compare them to available capabilities in New Hampshire.

Following this session, participants will be able to:

- Identify CBRN hazards.
- Investigate case studies.
- Discuss possible response actions in New Hampshire.

Presented by: **Jeff Parrott**, Strategic National Stockpile Coordinator, NH DHHS Emergency Services Unit

1c. Considerations for Responses Involving Persons with Autism Spectrum Disorders*

This session will explore special considerations for emergency volunteers when responding to incidents involving persons on the Autism spectrum (ASD). We will discuss the signs of autism, how to recognize behaviors associated with autism, response strategies and tactics, and how to best leverage technology to assist persons with ASD in a crisis.

Following this session, participants will be able to:

- Recognize the signs and symptoms of ASD.
- Utilize appropriate communication skills to assist people with ASD.
- Utilize strategies and tactics to assist persons with ASD in a crisis.

Presented by:

Rachel Schneider, M.Ed., Special Education Teacher, Merrimack School District

Adam D. Schneider, Resident Agent-in-Charge, Social Security Administration Office of the Inspector General

1d. Traffic Control Techniques

This program highlights the proper methods of traffic control in both emergency and non-emergency situations. Emphasis is placed on the importance of the activity, as well as proper methods and equipment.

Following this session, participants will be able to:

- Understand the importance of effective traffic control.
- Identify proper traffic control equipment and attire.
- Demonstrate proper traffic control signals.

Presented by: **David Witham, CRM**, Risk Management Supervisor, Primex3

1e. Critical Incident Stress Management: Crisis Communications*

Speakers: TBA

1f. National Guard Response to Emergencies in NH

This session will provide a general overview of the New Hampshire National Guard's ability to respond to the domestic needs of the State. Presenters will describe the ways in which the National Guard responds, their capabilities to respond, and how to access National Guard resources.

Following this session, participants will be able to:

- Identify immediate response authority.
- State the National Guard's capabilities.
- Explain the process of support.

Presented by:

Doug Fortier, LTC, Director of Military Support, NH National Guard

Richard Oberman, COL, RN, NRP, Joint Surgeon, NH National Guard

1g. Data in Your Community for Emergency Planning and Beyond

In this session, participants will be exposed to various sources of data which can be used for emergency planning and response, as well as other environmental and public health data sources which can inform work and home activities. A special emphasis will be placed on using Geographic Information Systems (GIS) and mapping tools.

Following this session, participants will be able to:

- Locate and use data for emergency preparedness.
- Locate and use data for Environmental Health.
- Locate and use data for Public Health.

Presented by: **Philip J. Alexakos, MPH, REHS**, Public Health Preparedness Administrator, Manchester Health Department

1h. Community Emergency Response Team: The Community Advantage

Around the nation, Community Emergency Response Teams (CERT) are changing the way communities prepare citizens for all disasters: natural and man-made. This session will talk about different strategies to engage community members in preparedness education, exciting events, and new dimensions members of CERT are engaging around the country.

Following this session, participants will be able to:

- Explain CERT throughout the country.
- Engage the community.
- Keep members active.

Presented by:

Arlene Magoon, FEMA Region 1, FEMA Individual and Community Preparedness

Sara Varela, FEMA Region 1, FEMA Individual and Community Preparedness

2a. NH Voluntary Organizations Active in Disaster: The Who, What When, and Why

This session will describe the capabilities of affiliated trained volunteers and describe the reach of local/regional organizations at the national level. Each of the panel members will describe what they bring to the disaster and what volunteers can expect when they come to your community. Each panel member will also describe how they are mobilized and deployed to a disaster (regional and statewide).

Following this session, participants will be able to:

- Gain insight into the various organizations that make up NHVOAD.
- Identify equipment and other resources available.
- Know what to expect when they come to your community.

Presented by:

Rev. Jan Howe, Minister and Disaster Response Coordinator, NH Conference United Church of Christ
Beverly J Hoover, Presbyterian Disaster Assistance Volunteer, Presbyterian Disaster Services

2b. Responder Health & Safety: Post-deployment Debriefing*

Speakers: TBA

2c. Strategic National Stockpile (SNS) and CHEMPACK Awareness

This session will provide participants with a chance to learn about the Strategic National Stockpile (SNS) and each of the four different SNS packages. In an emergency, these packages would provide the state with several different response options and capabilities. Session will discuss these differences and review New Hampshire's CHEMPACK program, including how the CHEMPACKs would deploy in an emergency.

Following this session, participants will be able to:

- Identify four types of SNS packages.
- Understand the differences between each SNS package.
- Describe NH's CHEMPACK program and deployment procedures.

Presented by: **Jeff Parrott**, Strategic National Stockpile Coordinator, NH DHHS Emergency Services Unit

2d. Can you help me find my family?

NH General Population Shelters provide mass care services such as meals, temporary housing, and reunification for individuals directly impacted by disaster. Recent national disasters have resulted in improvements to American Red Cross (ARC) shelter operations and forms. One recent ARC update is the January 2017 release of Reunification Standards and Procedures. This document complements the current draft of the State of New Hampshire's Multi-Agency Reunification Services Plan. In this session, participants will learn about reunification services and procedures used in general population shelters.

Following this session, participants will be able to:

- Define reunification services.
- Describe standards and procedures for child/family reunification.
- Utilize the reunification process for shelter clients.

Presented by: **Carole Totzkay, MS, CHES**, Public Health Preparedness Planner, NHHHS, Emergency Services Unit

2e. Lessons Learned from My Own Emergency: How We Can Better Prepare Citizens for Emergencies of All Sizes

This session will describe the many preparedness resources available to public safety agencies and organizations for the purpose of training citizens on personal emergency planning and basic emergency skills. In addition, the presenter will provide a background of a personal emergency that occurred to his family in 2017, some of the lessons he learned, and how he was able to adapt his agency's citizen training programs to include information on actions citizens can take until help arrives and how to better prepare themselves for an emergency displacing them from their home.

Following this session, participants will be able to:

- Describe and utilize techniques to deal with an emergency displacing someone from their home.
- Understand some of the actions that can take place at an emergency while waiting for first responders.

Presented by: **Justin Kates, CEM**, Director of Emergency Management, City of Nashua, NH

2f. Emotional Freedom Technique*

Speakers: TBA

2g. Dementia and Disaster Intervention: Understand, Approach & Respond*

Dementia currently impacts over 140,000 citizens of MA and NH. Because dementia affects far more than memory alone, a specialized approach to disaster and emergency response is critical. This session will explore information about dementia and its symptoms, how the disease impacts the ability to communicate, and the related behavior changes that arise, particularly during times of crisis or disaster. Participants will learn dementia-specific techniques for successful and sensitive disaster response interventions with those living with various forms of dementia.

Following this session, participants will be able to:

- Recognize dementia and its symptoms.
- Describe how dementia impacts communication and behavior.
- Utilize dementia-specific disaster response techniques.

Presented by: **Ronda Randazzo, MSW, LICSW, CDP**, Manager, Education Programming, Alzheimer's Association MA / NH Chapter

3a. Civilian Response to Active Shooter Events*

Civilian Response to Active Shooter Events (CRASE) is about survival. Failure to act quickly during an active shooter event can leave you in a position to be injured or killed. The faster you decide to take action, the more likely you can save your life and the lives of those around you. CRASE Training will help you to more quickly decide to take action by providing a strategy that develops your situational awareness, mental planning, and a common sense approach to surviving an active shooter event. Awareness and planning are the keys to survival.

Following this session, participants will be able to:

- Become situationally aware of their surroundings to maximize survivorship in emergency situations.
- Use Avoid-Deny-Defend (ADD) tactics in their survivorship actions.
- Apply survivorship lessons learned from the past 15 years of active shooter events to organizational and personal safety protocols.

Presented by: **Ron O’Keefe**, Exercise & Training Officer, NH Homeland Security and Emergency Management

3b. NH’s Heroin Epidemic*

This session will provide an overview of New Hampshire’s current opioid crisis and the state’s response, including a demonstration of how to administer naloxone.

Following this session, participants will be able to:

- Discuss data of the statewide crisis.
- Provide an overview of the state’s response, including prevention, intervention, treatment, and recovery.
- Identify signs and symptoms of an opioid overdose.
- Administer Naloxone.

Presented by:

Randy Moser, Health Promotion Adviser, Bureau of Drug and Alcohol Services

Paula M. Holigan, BS/BA, AEMT, I/C, Program Coordinator, Fire & EMS Strategy and Planning

3c. Radiological Concepts*

This is a mid-level radiological concepts session that not only describes the primary ionizing radiations that can be encountered, but also provides additional information on why certain types of radiation are considered only an internal hazard.

Following this session, participants will be able to:

- Recognize nuclear terms.
- State risks from contamination.
- Describe levels of radiation that become a serious hazard.

Presented by: **Augustinus Ong, MPH**, Administrator, NH Radiological Health Section, NHDHHS - DPHS

3d. Compassion Fatigue*

Speakers: TBA

3e. National Weather Service Weather Spotter Training

This session will feature an introduction to different types of severe weather (thunderstorms, flash flooding, winter storms) and the impact of these storms in northern New England. The session will also inform participants on how to report severe weather and its effects to the National Weather Service. Everyone who attends will become a trained spotter and be issued an NWS spotter ID.

Following this session, participants will be able to:

- Describe severe weather in New England.
- Identify important features of storms.
- Properly measure snowfall.
- Report severe weather and impacts to the National Weather Service.

Presented by: **Mike Cempa**, Lead Meteorologist, National Weather Service Forecast Office, Gray, ME

3f. Cribbing – A Rescue Operation

You may encounter situations in which debris needs to be removed to free victims of a damaged building they are trapped in. This session will be a hands-on interactive demonstration of the safe use of leveraging and cribbing such debris as a means of extracting a person from the damaged site.

Following this session, participants will be able to:

- Maintain rescuer safety.
- Triage in a lightly or moderately damaged building.
- Safely evacuate victims from a damaged building using items that may be available.

Presented by: **Justin Kates, CEM**, Director of Emergency Management, City of Nashua, NH

3g. Food & Water Safety in Shelters

Speakers: TBA