In 2017 Nation experienced many extreme weather disasters. This makes us all aware of the need to continue to update our skills so that we can help our families, community and country. Many MRC units were activated to respond while other units were asked to remain local for if response is needed in our areas. The fires in California, the hurricane damage in Texas, Florida, and Puerto Rico prove that disasters can happen anywhere and the aftermath can be devastating in those regions for a very long time.

Also this past Fall some members attended the Volunteer Emergency Preparedness Conference and our monthly meetings, participated in traffic control practices as well as search and rescue training.

In this new year of 2018, we are planning more training in Humor for Stress Relief, the Role of the National Guard in Emergencies, and Sheltering. All of these offerings act as building blocks to prepare a skilled volunteer force ready for activation.

We truly appreciate all of the work our volunteers do and the support giving to Seacoast MRC/CERT and to our community. Wishing you a healthy and happy new year!

**Happy, Healthy, Safe 2018!**

For more information, please contact...
Nancy Parker, (603) 793-0786, npccmc@hotmail.com
Mary Cook, (603) 244-7311, mcook@seacoastphn.org, www.seacoastphn.org
Our Mission is to recruit, train, deploy and retain volunteer health professionals and others who will contribute skill and expertise in response to threats of terrorism, public health emergencies, and fill community needs. Our Vision is to enhance regional medical and emergency response capability. Major and local emergencies can overwhelm the capability of 1st Responders, especially during the first 12-72 hours. Our Values include our volunteers who prepare citizens to take care of themselves and families during times of crisis allowing 1st Responders to focus efforts on the most critical, life threatening situations. Our Team of organized, well trained volunteers can effectively respond to an emergency, are familiar with communities’ response plans, know partners and resources available and offer valuable skills to be utilized in a coordinated manner during an emergency event. Our Plan during an emergency event defines who, in what roles, and how we can best respond in a positive support structure to the 1st Responders (EMS, Fire/Police, Homeland Security, Emergency Management).

FROM THE DESK OF MARY COOK

Happy New Year! At this time of year and with the existing weather concerns, I just want to take the time to remind folks about some State resources that can be found at www.readynh.gov and to sign up for the NH Alerts App to know the dangers in your area.

Also, please alert in moderating your email from NH Responds and to make sure that your correct contact information is in the system as we will use it to notify you of any activations regarding sheltering and/or any public health emergency.

Part of being prepared is being informed.

Welcome to ReadyNH.gov New Hampshire's official source for information during State emergencies. At ReadyNH you can stay informed with the latest safety information using Homeland Security and Emergency Management’s (HSEMs) Twitter feed. Know of dangers in your area using NH Alerts and learn what to do before, during, and after a disaster. Include completing emergency contact cards, find out what you should have in your emergency kit, and establish a family emergency plan. Part of being prepared is being informed. Sign up for NH Alerts today!

UPCOMING OFFERINGS - SAVE THE DATES!

**January 11, 2018**
Report on Deployment to Puerto Rico for Hurricane Response by Jay Lord, FC HFFD
Thursday, 9am - 11am
Location: Epping FD

**January 13, 2018**
NH Disaster Behavioral Health Response Team Training
Saturday, 8am-4pm
Location: Derry NH
To Register call (603) 431-2323

**June 5, 2018**
Emergency Preparedness Conference
Manchester NH
More info to come

**June 18, 2018**
Granite State Games
Deerfield, Manchester
Register: https://granitestategames.org/register/volunteers

JOIN OUR TEAM of VOLUNTEERS!

For more information on joining our team of volunteers, please contact Nancy Parker, Volunteer Coordinator, at (603) 793-0786 or at npccmrc@hotmail.com.