Recovery RESOURCE GUIDE

NH Department of Health and Human Services
Division for Behavioral Health
Bureau of Drug and Alcohol Services
dhhs.nh.gov/dcbcs/bdas/index.htm
drugfreenh.org

Call 603.271.6738 or 800.804.0909 (toll-free in NH)

This Recovery Resource Guide provides a listing of state-funded recovery community centers. For statewide referrals and information, dial 211 or visit http://nhtreatment.org.

If you or someone you know is experiencing an addiction-related crisis, call the NH Statewide Addiction Crisis Line at: 1.844.711.HELP (4357).

“Promoting Prevention and Recovery
NH Department of Health and Human Services
Division for Behavioral Health
Bureau of Drug and Alcohol Services
dhhs.nh.gov/dcbcs/bdas/index.htm

To join individuals, families and communities in reducing the misuse of alcohol and drugs thereby increasing opportunities for citizens to achieve health and independence.”

NHBDAS Mission

dhhs.nh.gov/dcbcs/bdas/

July 2017
Recovery organizations are listed by location for convenience, but they all accept New Hampshire residents regardless of where they live in state. For a complete list of recovery programs offered throughout New Hampshire, please visit the NH Treatment Locator (nhtreatment.org) and select the box titled “Recovery Support Services.”

Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/
This Recovery Resource Guide provides a listing of state-funded recovery communities offering recovery centers.

For a comprehensive list of recovery support services across the state, please visit: nh treatment.org

New Hampshire’s vibrant recovery support services are flourishing across the state. The state’s recovery community is building bridges and saving lives. Recovery coaches are helping people who have precious few resources available to them, day in and day out. Recovery centers are valuable meeting places and offer a variety of wellness activities.

Substance use disorders (SUDs) are highly preventable and treatable, and the state is implementing a comprehensive and lasting response to address this epidemic.

To receive an electronic version of this guide or the Treatment Resource Guide, please: visit: dhhs.nh.gov/dcbcs/bdas/guide.htm or e-mail Health Promotion Advisor Randy Moser at: Randolph.Moser@dhhs.nh.gov.

Additional resource guides will be available soon.

To receive the Bureau of Drug and Alcohol Services’ e-newsletter, please also e-mail Randy Moser at: Randolph.Moser@dhhs.nh.gov.

Disclaimer: We have provided, to the best of our ability, the most accurate information that we have. Names and addresses sometimes change, so please contact Health Promotions Advisor Randy Moser at 603-271-4972 or email: Randolph.Moser@dhhs.nh.gov with any new information.

Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/
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**NORTH COUNTRY**

**Berlin**
HOPE for NH Recovery
Berlin Recovery Community Center
823 Main Street
Berlin, NH 03570
PH: 603.752.9900
Website: hopefornhrecovery.org/our-centers/berlin
Social media: facebook.com/HOPECRCC

**Greeter Sullivan**

**NEWPORT**
HOPE for NH Recovery
Newport Recovery Community Center
65 Park Street #2
Newport NH 03773
PH: 603.287.7919
F: 603.504.6741
Website: hopefornhrecovery.org/our-centers/newport
Social media: facebook.com/HOPECRCC

**CLAREMONT**
HOPE for NH Recovery
Claremont Recovery Community Center
169 Main Street
Claremont NH 03743
PH: 603.287.7919
F: 603.504.6741
Website: hopefornhrecovery.org/our-centers/claremont
Social media: facebook.com/HOPECRCC

**WINNIPESAUKEE AREA**

**FRANKLIN**
HOPE for NH Recovery
Franklin Recovery Community Center
175 Central Street
Franklin NH 03235
PH: 603.934.1496
F: 603.934.1497
Website: hopefornhrecovery.org/our-centers/franklin
Social media: facebook.com/HOPECRCC

**LACONIA**
Navigating Recovery of the Lakes Region
635 Main Street, Suite 303
Laconia NH, 03246

**TILTON**
Greater Tilton Area Family Resource Center
290 Suite 3
Tilton, NH 03276
PH: 603.286.4255
Website: gtafrc.wordpress.com
Social media: facebook.com/GTAFRC

**CARROLL COUNTY**

**OSSIPEE**
White Horse Recovery Services Center
(The Shed)
70 Rt. 16B
Center Ossipee, NH 03814
Phone: 603.301.0041
Website: whitehorseac.com
Social media: facebook.com/White-Horse-Addiction-Center-Inc-618181018310841

**STRAFFORD COUNTY AREA**

**DOVER**
SOS Recovery Community Center
4 Broadway
Dover NH 03820
PH: 603.841.2350
F: 603.516.2761
Website: http://sosrco.org

**DURHAM**
SOS Recovery Community Center
1 Park Ct.
Durham, NH 03824
PH: 603.841.2350
F: 603.516.2761
Website: http://sosrco.org
Social media: facebook.com/SOS-Recovery-Community-Center-Durham-1244685412239332

**ROCHESTER**
SOS Recovery Community Center
63 S. Main St.
Rochester, NH 03867
PH: 603.841.2350
Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/

**CAPITAL AREA**

**CONCORD**
HOPE for NH Recovery
Concord Recovery Community Center
85 South State Street
Concord NH 03301
PH: 603.715.9893
F: 603.715.8193
Website: hopefornhrecovery.org/our-centers/concord
Social media: facebook.com/HOPECRCC

**GREATER MANCHESTER**

**MANCHESTER**
HOPE for NH Recovery
Manchester Recovery Community Center
293 Wilson Street
Manchester NH 03103
PH: 603.935.7524
F: 603.232.3758
Website: hopefornhrecovery.org/our-centers/manchester
Social media: facebook.com/HOPECRCC

**SEACOAST**

**PORTSMOUTH**
Safe Harbor Recovery Center
865 Islington Street
Portsmouth, NH 03801
PH: 603.570.9444
F: 603.570.9447
Website: granitepathways.org/shrc
Social media: facebook.com/SafeHarborNH

**SEABROOK**
Safe Harbor Recovery Center
867 Lafayette Road
Seabrook, NH 03874
PH: 603.570.9444
F: 603.570.9447
Website: granitepathways.org/shrc
Social media: facebook.com/SafeHarborNH

**GREATER MONADNOCK**

**KEENE**
Keene Serenity Center
36 Carpenter Street
Keene 03431
PH: 603.283.5015
Website: www.keeneserenitycenter.org
Social Media: facebook.com/Keene-Serenity-Center-245713058968823

**GREATER NASHUA**

**NASHUA**
Revive Recovery Center
45 High Street
Nashua, NH 03060
PH: 1.888.317.8312
Social media: facebook.com/reviverecovery.org

**OTHER RECOVERY RESOURCES**

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<td>New Hampshire Al-Anon: nhal-anon.org</td>
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Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/
Description of Services

All Recovery Support Service providers offer the services below, but they vary widely from organization to organization. Please call or visit individual providers websites for a full list of services.

**Peer Recovery Coaching:** Services provided by trained peers who serve as guides and mentors to individuals seeking or in recovery in order to assist those individuals with developing a recovery plan and removing barriers to recovery.

**Healthy living groups:** Peer Recovery Support Service providers offer a wide range of healthy living groups. These groups may take the form of gardening or yoga activities, financial literacy, goal setting, work readiness training and more.

**Telephone Recovery Support:** Scheduled and as needed telephone contacts that provide peer support and encouragement as well as information about community resources, mutual support groups and other supports that may be available to individuals in or seeking recovery.

**Mutual support groups meetings:** Every recovery center makes space available for a variety of recovery groups including Alcoholics Anonymous, Narcotics Anonymous, Al-Non, and family support groups.

**Free Statewide Crisis, Intervention, and Referral Services**

The NH Alcohol and Drug Treatment Locator is a website directory where visitors can locate alcohol and drug treatment service providers in New Hampshire who offer assessments, withdrawal management, outpatient counseling, residential treatment, recovery supports and other services. Visit: http://nhtreatment.org/

The NH Statewide Addiction Crisis Line (1-844-711-HELP (4357)) is a free, anonymous service that help callers determine what level of treatment would be appropriate for them, understand the different types of treatment available, and identify local services and options. The Crisis Line’s staff are trained to provide support and advice to callers when they are experiencing an alcohol, drug use or addiction-related crisis.

Go to the New Hampshire Treatment Locator to find information about additional services at: http://nhtreatment.org/