

Seacoast Public Health Network Resource Guide



*Substance Misuse
Prevention, Treatment & Recovery*

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The information provided in this document is intended for informational purposes only and is subject to change without notice. Information may be changed or updated without notice.

About

Seacoast Public Health Network

The Seacoast Public Health Network became a program of Lamprey Health Care in July 2015, two years after the state merged the work of Substance Misuse Prevention networks with Public Health Emergency Preparedness networks. Seacoast PHN staff have 70+ years of combined experience in health education promotion, substance misuse prevention, and network development. We are one of 13 public health regions in the state of New Hampshire.

Our Mission

The mission of Seacoast Public Health Network is to strengthen public health partnerships in emergency preparedness, community health, and substance misuse prevention, treatment and recovery, in order to better serve our communities.

The Continuum of Care

A well-coordinated Continuum of Care includes networks of organizations, agencies and community members that provide a wide spectrum of prevention, treatment and recovery strategies and services. Led by a Continuum of Care Facilitator, SPHN's Behavioral Health Continuum of Care efforts are focused on development of a Regional Continuum of Care (CoC) Plan based on a regional asset and gap analysis informed by regional network partner consensus. The CoC plan proposes regional actions to maximize awareness, access to information and to behavioral health (mental health and substance misuse) prevention, treatment and recovery services.

Continuum of Care efforts in the Seacoast Public Health Network include:

- Coordinating and delivering training for community based Narcan distribution events.
- Serving as a Subject Matter Expert for community coalitions/task forces/education.
- Convening partners and stakeholders to identify gaps, barriers and assets across systems of care.
- Convening Young Adult Substance Use Focus Groups across the region.

Prevention

The Substance Misuse Prevention Coordinator for the Seacoast Public Health Region is tasked with assuring that the region has adequate prevention resources to protect and improve the health of the public. Some of the various roles of the SMP Coordinator include:

- Building the Seacoast's capacity to address substance misuse
- Engaging the six core sectors (business, community & family supports, education, government, health/medical and safety/law enforcement) in prevention efforts
- Compiling, sharing and using data and research for decision-making.
- Raising awareness and providing community-level information with the long-term aim of changing social and cultural norms.

For more information on the Seacoast Public Health Network please visit our website:

www.seacoastphn.org

Continuum of Care Facilitator

Maria Reyes, BA, CADC

603.244.7312

mreyes@seacoastphn.org

Substance Misuse Prevention Coordinator

Olivia Dupell, CRSW

603.244.7312

odupell@seacoastphn.org

Public Safety

Need Help Now?
Stop and Call:

911

BRENTWOOD POLICE

Chief Ellen Arcieri
1 Dalton Road
Brentwood, NH, 03833
603.642.8817

EAST KINGSTON POLICE

Chief Timothy Connell
3 Bowley Road
East Kingston, NH, 03827
603.642.5427

EPPING POLICE

Chief Michael Wallace
37 Pleasant Street
Epping, NH, 03042
603.679.5122

EXETER POLICE

Chief William Shupe
20 Court Street
Exeter, NH, 03833
603.772.1212

FREMONT POLICE

Chief Jon Twiss
425 Main Street
Fremont, NH, 03044
603.895.2229

GREENLAND POLICE

Chief Tara Laurent
16 Town Square
Greenland, NH, 03840
603.431.4624

HAMPTON

Chief Richard Sawyer
100 Brown Avenue
Hampton, NH, 03842
603.929.4444

HAMPTON FALLS

Chief Robert Dirsas
3 Drinkwater Road
Hampton Falls, NH, 03844
603.926.4619

KENSINGTON

Chief Scott Sanders
95 Amesbury Road
Kensington, NH, 03833
603.772.2929

KINGSTON

Chief Don Briggs
16 Main Street
Kingston, NH, 03848
603.642.5742

NEW CASTLE

Chief Donald White
49 Main Street
New Castle, NH, 03854
603.436.3113

NEWFIELDS

Chief Nathan Liebenow
65 Main Street
Newfields, NH, 03856
603.772-9010 or 603.679.2225

NEWINGTON

Chief Michael Bilodeau
71 Fox Point Road
Newington, NH, 03801
603.431.5461

NEWMARKET

Chief Kyle True
70 Exeter Street
Newmarket, NH, 03857
603.659.6636

NEWTON

Chief Michael Jewett
8 Merrimac Road
Newton, NH, 03858
603.382.6774

NORTH HAMPTON

Interim Administrator Michael French
233 Atlantic Avenue
North Hampton, NH, 03862
603.964.8621

NOTTINGHAM

Chief Gunnar Foss
139 Stage Road
Nottingham, NH, 03290
603.679.5022

PORTSMOUTH

Chief Robert Merner
3 Junkins Avenue
Portsmouth, NH, 03801
603.427.1500

RAYMOND

Chief Michael Labell
1 Scribner Road
Raymond, NH, 03077
603.895.4222

RYE

Chief Kevin Walsh
555 Washington Road
Rye, NH, 03870
603.964.5522

SEABROOK POLICE

Chief Michael Gallagher
7 Liberty Lane
Seabrook, NH, 03874
603.474.5200

SOUTH HAMPTON

Chief Robert Roy
128 Main Avenue
South Hampton, NH, 03827
603.394.0105

STRATHAM

Chief Jon Scippa
76 Portsmouth Avenue
Stratham, NH, 03885
603.778.9691

Crisis Intervention

*If you or someone you know is experiencing
an addiction related crisis,
DIAL 211 today! (24/7)*

National Suicide Prevention Lifeline (24/7)
1.800.273.TALK (8255)

National Domestic Violence Hotline (24/7)
1.800.799.SAFE (7233)

National Sexual Assault Hotline (24/7)
1.800.656.HOPE (4673)

NAMI New Hampshire
1.800.242.6264

NAMI Crisis Text Line (24/7)
Text NAMI to 741-741

Haven Confidential Hotline (24/7)
603.994.7233

PARS Psychiatric & Referral Services
603.433.5270

Healthcare

Exeter Hospital

5 Alumni Drive
Exeter, NH, 03833
603.778.7311
www.exeterhospital.com

Medicaid Accepted

Portsmouth Regional Hospital

333 Borthwick Avenue
Portsmouth, NH, 03801
603.436.5110
www.portsmouthhospital.com

Medicaid Accepted

Families First Health and Support Center

100 Campus Drive, Suite 12
Portsmouth, NH 03801
603.422.8208
www.familiesfirstseacoast.org

Medicaid Accepted

Families First Health and Support Center

146 Lafayette Road
Seabrook, NH, 03874
603.766.2626
www.familiesfirstseacoast.org

Medicaid Accepted

Lamprey Health Care

207 South Main Street
Newmarket, NH, 03857
603.659.3106
www.lampreyhealth.org

Medicaid Accepted

Lamprey Health Care

128 Route 27
Raymond, NH, 03077
603.895.3351
www.lampreyhealth.org

Medicaid Accepted

Insurance

NH Medicaid Service Center
1.888.901.4999

Medicaid Client Services
800.852.3345 (Ext. 4344)

Frequently Asked Questions

1. Who is eligible for New Hampshire Medicaid?

New Hampshire Medicaid pays for medical services for certain residents of the state with low income, including parents and their children, pregnant women, and people who are aged, blind, or disabled. To receive medical benefits you must apply for Medicaid and meet certain eligibility requirements.

2. How do I apply for New Hampshire Medicaid?

There are several ways to apply for New Hampshire Medicaid

- Visit www.nheasy.nh.gov and fill out an online application
- Visit www.dhhs.nh.gov and download an application. Upon completion, print the application and submit by mail or in person to the Seacoast District Office
- Call 1.800.852.3345, Ext. 9700, and request an application be sent to you. Upon completion, submit by mail or in person to the Seacoast District Office

Seacoast District Office

50 International Drive, Portsmouth, NH, 03801
603.433.8300 Monday-Friday 8:00AM—4:00PM

- Make an appointment with an insurance navigator or application counselor at one of the federally qualified health centers listed below

Families First Health and Support Center

www.familiesfirstseacoast.org
info@familiesfirstseacoast.org

100 Campus Drive Suite 12
Portsmouth, NH, 03801
603.422.8208

146 Lafayette Road
Seabrook, NH, 03874
603.766.2626

Lamprey Health Care

www.lampreyhealth.org
getcoverage@lampreyhealth.org

207 South Main Street
Newmarket, NH, 038574
603.659.3106

128 Route 27
Raymond, NH, 03077
603.895.3351

About Narcan

NARCAN[®] Nasal Spray is a prescription medicine used for the treatment of an opioid emergency such as an overdose or a possible opioid overdose with signs of breathing problems and severe sleepiness or not being able to respond. NARCAN[®] Nasal Spray is to be given right away and does not take the place of emergency medical care. Get emergency medical help right away after giving the first dose of NARCAN[®] Nasal Spray, even if the person wakes up.



There are currently four ways for New Hampshire residents to access Naloxone (Narcan) kits:

1. Your **physician** or any **licensed prescriber** can write a prescription for naloxone that you can purchase at a pharmacy.
2. You can buy naloxone at a **pharmacy** with standing orders, which sells the medication without a prescription.
3. You may receive free kits if you are a client of a **Federally Qualified Health Center** or treatment provider, at risk for opioid overdose and don't have insurance that covers the cost or cannot afford to purchase naloxone.
4. If you are at risk for opioid overdose and don't have insurance that covers the cost or cannot afford to purchase naloxone, you may attend an event held by your **Regional Public Health Network**, where the state's free kits are distributed.

Narcan

Seacoast Pharmacies with Standing Orders of Narcan

EPPING

CVS PHARMACY
26 CALEF HIGHWAY
603.679.2419

WALGREENS
12 MAIN STREET
603.679.5839

EXETER

HANNAFORD
141 PORTSMOUTH AVENUE
603.772.6252

RITE AID PHARMACY
75 PORTSMOUTH AVENUE
603.778.0553

WALGREENS
48 PORTSMOUTH AVENUE
603.772.3551

GREENLAND

CVS PHARMACY
1450 GREENLAND ROAD
603.501.1471

HAMPTON

CVS PHARMACY
321A LAFAYETTE ROAD
603.926.2885

WALGREENS
620 LAFAYETTE ROAD
603.929.1258

KINGSTON

RITE AID PHARMACY
53 CHURCH STREET
603.642.3191

NEWMARKET

RITE AID PHARMACY
73 EXETER ROAD
603.659.7852

PORTSMOUTH

CVS PHARMACY
674 ISLINGTON STREET
603.431.0234

RITE AID PHARMACY
1303 WOODBURY AVENUE
603.431.1580

RITE AID PHARMACY
800 ISLINGTON STREET
603.436.2214

RAYMOND

WALGREENS
53 ROUTE 27
603.895.9842

SEABROOK

CVS PHARMACY
628 LAFAYETTE ROAD
603.474.9511

STRATHAM

CVS PHARMACY
1 WEST ROAD
603.772.3768

SHAW'S OSCO PHARMACY
100 SHAWS LANE
603.773.9994

RITE AID PHARMACY
28 PORTSMOUTH AVENUE
603.772.0749

HAND-UP Health Services



HAND-UP Health Services

A program of the NH Harm Reduction Coalition

CALL or TEXT 207.370.7187

www.NHHRC.org

www.nhhrc.org/resources/handup

HAND-UP comprises a diverse group of volunteers delivering free, community-based services that reduce the personal and social harms associated with drug use. We are a direct services program of the New Hampshire Harm Reduction Coalition operating in Strafford and Rockingham Counties and the surrounding area. **HAND-UP** supports people to make any positive change in their lives and to reduce the risk of drug overdose, HIV/HCV and other viral and bacterial infection, and other harms associated with the drug use and misuse. We reach people through direct outreach and by referral from health care and other service providers and peers in the community. Our services are confidential; we do not collect or share identifying information about anyone we serve.

Services & Materials Offered

- Naloxone & safer-use education, materials and support
- Sterile syringes/needles
- Collection and disposal of used syringes/needles
- Wound care services
- STD prevention education and materials
- Rapid Testing for infectious diseases
- Referral to follow-up testing, treatment, counseling and/or peer support for infections and other physical and mental health conditions, substance use disorders, sexual & domestic violence, housing and food insecurity, etc.



Use sterile injecting supplies

You can prevent harm to yourself + others by using injection supplies once, never sharing them, and disposing of them properly afterward. Call HAND-UP for sterile injecting materials, disposal containers, and collection of used materials.



Take Care of your veins

Use arms when possible. Start low + work your way up vein in direction of heart. Switch up veins each day. Avoid arteries (wrist, neck, groin) and feet. Make sure you can see the hole in needle as you inject.



Take your time

Fear causes mistakes. Mistakes can be deadly. Take control by taking your time. **Use a tiny tester amount first.** You can always put more in, but you can't squeeze it out.



Carry Naloxone (Narcan)

You can save a life. Naloxone (brand name Narcan) is legal and safe to have and use for a suspected opioid overdose. Make sure others know how to use it. Call HAND-UP for free naloxone or visit nhhrc.org/naloxone.



Don't Use Alone

Nobody can help you if they don't know you're there.



Seek Care + Challenge Yourself

If you're hurt, vulnerable, or want to make a change – speak up for yourself. You deserve safety, health, happiness.

Evaluation

BARBARA BEARDSLEY, LCMHC, MLADC, CCFC

19 HAMPTON ROAD, A2
EXETER, NH, 03833
603.674.5331

Medicaid Accepted

DEBRA BRAUN MILLS, MLADC

4 GREENLEAF WOODS DRIVE
SUITE 302
PORTSMOUTH, NH, 03801
603.531.3704

Medicaid Accepted

PEG CORREIA, MLADC

6 GREENLEAF WOODS DRIVE
SUITE 202
PORTSMOUTH, NH, 03801
603.427.5392

Medicaid Accepted

WILLIAM DEMARS, LADC

36 EVELYN AVENUE
RAYMOND, NH, 03077
603.339.1490

BARBARA DUGAN, MLADC, SAP

24 FRONT STREET, SUITE 301
EXETER, NH, 03833
603.770.6239

MARTHA DWYER, LADC

77 HANOVER STREET
PORTSMOUTH, NH, 03801
603.373.8765

ROBERT FAGHAN, MLADC

2 PUZZLE LANE, BUILDING 2 UNIT 1
NEWTON, NH, 03858
603.702.2461

Medicaid Accepted

PETER FIFIELD, MLADC

100 CAMPUS DRIVE
PORTSMOUTH, NH, 03801
603.422.8208

Medicaid Accepted

KARIN GOSCINSKI-BRETON, MLADC

1145 SAGAMORE AVENUE
PORTSMOUTH, NH, 03801
603.957.5840

JOHN IUDICE, MLADC

1145 SAGAMORE AVENUE
PORTSMOUTH, NH, 03801
603.433.625

Medicaid Accepted

SHEILA JENKINS, MLADC

4 GREENLEAF WOODS DRIVE
SUITE 302
PORTSMOUTH, NH, 03801
603.988.6239

Medicaid Accepted

KAREN KELLEY, MLADC

54 MARSHALL ROAD
KINGSTON, NH, 03848
603.642.3327

JOSEPH KILCULLEN, MLADC

370 PORTSMOUTH AVENUE UNIT 12
GREENLAND, NH, 03840
603.498.4135

SISTER MARY JOSEPH MAY, LCMHC, MLADC

SOCIETY OF ST. VINCENT DE PAUL
53 LINCOLN STREET
EXETER, NH, 03833
603.332.7701

Medicaid Accepted

CAITLIN MIFTARI, MLADC

1145 SAGAMORE AVENUE
PORTSMOUTH, NH, 03801
603.957.5742

LEONARD MURPHY, LADC

370 PORTSMOUTH AVENUE
GREENLAND, NH, 03840
603.502.7364

KEVIN O'CONNELL, MLADC

127 WATER STREET
EXETER, NH, 03833
603.781.7268

MEREDITH ORCHARD BLOWEN, MLADC

4 GREENLEAF WOODS DRIVE
SUITE 302
PORTSMOUTH, NH, 03801
603.793.6402

Medicaid Accepted

DANA PETERS, MLADC

56 MIDDLE STREET
PORTSMOUTH, NH, 03801
603.427.6858

WENDY QUINN, LADC

118 MAPLEWOOD AVENUE
PORTSMOUTH, NH, 03801
603.969.5681

Medicaid Accepted

LORRAINE MARIE SOUKUP, LCMHC, LCPC, LADC

4 GREENLEAF WOODS DRIVE
SUITE 302
PORTSMOUTH, NH, 03801
(603) 292-3335

Medicaid Accepted

BARRY TIMMERMAN, MLADC

867 LAFAYETTE ROAD
SEABROOK, NH,
603.474.3332

Medicaid Accepted

DOROTHY WATERS, LADC

49 MAIN STREET
EPPING, NH, 03042
603.706.5842

FREDERIC WHITE, LADC

14 FRONT STREET
EXETER, NH, 03833
603.598.7123

RACHAEL WIZWER, MLADC

161 CORPORATE DRIVE
PORTSMOUTH, NH, 03801
603.430.5009

SALLY WOOL, MLADC

6 GREENLEAF WOODS DRIVE SUITE 202
PORTSMOUTH, NH, 03801
603.427.5392

Medicaid Accepted

Outpatient Treatment

Addiction Recovery Services

1145 Sagamore Avenue
Portsmouth, NH, 03801
603.433.6250

www.arsnh.com

*Evaluation, IOP, MAT

Medicaid Accepted

Chemical Dependency Consultants

370 Portsmouth Avenue
Greenland, NH, 03840
603.498.4135

www.portsmouthaddictionintervention.com

*Evaluation, Outpatient Counseling, IOP

Chestnut Hill Counseling

539 Islington Street
Portsmouth, NH, 03801
603.427.6565

www.chestnuthillcounseling.com

*Evaluation, Outpatient Counseling, IOP, MAT, Recovery Support

Exeter Counseling Center, PLLC

163 Water Street
Exeter, NH, 03833
603.778.7433

www.exetercounseling.com

*Evaluation, Outpatient Counseling

Exeter Psychological Associates

19 Hampton Road, A2
Exeter NH 03833
603.674.5331

www.exeterpsych.com

*Evaluation, Outpatient Counseling, Recovery Support

Medicaid Accepted

Families First Health & Support Center

100 Campus Drive, Suite 12
Portsmouth, NH, 03801
603.422.8208

familiesfirstseacoast.org

*Outpatient Counseling, MAT, Recovery Support

Medicaid Accepted

Families First Health & Support Center

146 Lafayette Road
Seabrook, NH, 03874
603.766.2626

familiesfirstseacoast.org

*Outpatient Counseling, MAT, Recovery Support

Medicaid Accepted

Insight Medical Group

428 Lafayette Road Suite 101
Hampton, NH, 03842
978.267.1193

insightmedicalgroup.com

*Outpatient Counseling, MAT, Recovery Support

Medicaid Accepted

Lamprey Health Care

207 South Main Street
Newmarket, NH, 03857
603.659.2494

www.lampreyhealth.org

*Outpatient Counseling

Medicaid Accepted

Lamprey Health Care

128 Route 27
Raymond, NH, 03077
603.895.3351

www.lampreyhealth.org

*Outpatient Counseling

Medicaid Accepted

Live Free Recovery Consultants

2 Puzzle Lane Building 2, Unit 1
Newton, NH, 03585
603.702.2461

www.livefreerecovery.com

*Evaluation, Outpatient Counseling, IOP, MAT, Recovery Support, Peer Recovery Coaching

Medicaid Accepted

Portsmouth Regional Hospital Partial Hospitalization Program

55 High Street
Hampton, NH, 03842
603.758.1376

www.portsmouthhospital.com

*Evaluation, Outpatient Counseling, PHP, IOP

Recovery Services and SoberYogis

24 Front Street, Suite #301
Exeter NH 03833
603.770.6239

www.recoveryservices-exeternh.life

*Evaluation, Individual Therapy, Group Therapy, DWI Aftercare, Yoga

Medicaid Accepted

Robin Bellantone, LCMHC, BCC

118 Maplewood Avenue, A-5
Portsmouth, NH, 03801
603.828.5852

*Outpatient Counseling, Recovery Support

Seacoast Youth Services (Ages 14-17)

867 Lafayette Road
Seabrook NH 03874
603.474.3332

www.seacoastyouthservices.org

*Evaluation, Outpatient Counseling, IOP

Medicaid Accepted

MAT (Medically Assisted Treatment)

Addiction Recovery Services

1145 Sagamore Avenue
Portsmouth, NH, 03801
814.515.9896

www.arsnh.com

*Evaluation, IOP, MAT

Medicaid Accepted

American Pain Institute

14 Manchester Square Suite 290
Portsmouth, NH, 03801
603.766.8500

www.americanpain.org

*Outpatient Counseling, MAT

Chestnut Hill Counseling

539 Islington Street
Portsmouth, NH, 03801
603.427.6565

www.chestnuthillcounseling.com

*Evaluation, Outpatient Counseling, IOP,
MAT, Recovery Support

Community Substance Abuse Center

177 Shattuck Way
Newington, NH, 03801
603.436.0448

www.hcrcenters.com

*Outpatient Counseling, MAT

Medicaid Accepted

Families First Health & Support Center

100 Campus Drive, Suite 12
Portsmouth, NH, 03801
603.422.8208 Ext. 150

familiesfirstseacoast.org

*Outpatient Counseling, MAT

Medicaid Accepted

GROUPS, Recover Together

1 Greenleaf Woods Drive Suite 301
Portsmouth, NH, 03801
800.683.8313

joininggroups.com

*MAT, Outpatient Counseling

Insight Medical Group

428 Lafayette Road Suite 101
Hampton, NH, 03842
978.267.1193

insightmedicalgroup.com

*Outpatient Counseling, MAT, Recovery Support

Medicaid Accepted

R.O.A.D. to a Better Life

2299 Woodbury Avenue
Newington, NH, 03801
603.766.8660

roadtoabetterlifenh.com

*Outpatient Counseling, MAT

Medicaid Accepted

Schopick Psychiatry

118 Maplewood Avenue
Portsmouth, NH, 03801
603.431.5411

schopickpsychiatry.com

*Evaluation, Outpatient Counseling, MAT

Inpatient Treatment

Another Way

46 Bridge Street, Unit I
Nashua, NH, 03060
603.512.7429

www.anotherwaytlp.org

*Evaluation, Outpatient Counseling, IOP, Recovery Supports, Inpatient/Residential Services

Antrim House

55 Main Street
Antrim, NH, 03440
603.808.0185

www.sobrietycentersofnh.com

*Outpatient Counseling, MAT, Inpatient/Residential Services

Medicaid Accepted

Aware Recovery Care

15 Constitution Drive, Suite 2N
Bedford, NH, 03110
603.769.8462

www.awarerecoverycare.com

*Evaluation, In Home Treatment, Recovery Support

Cynthia Day Family Center

615 Amherst Street
Nashua, NH, 03063
603.881.4848

www.keystonehall.org/cynthia-day-family-center

*Evaluation, Detox, Outpatient Counseling, IOP, Inpatient/Residential Services

Medicaid Accepted

Families Willows

161 South Beech Street
Manchester, NH, 03103
603.641.9441

fitnh.org

*Outpatient Counseling, IOP, Inpatient/Residential Services

Medicaid Accepted

Farnum Center

140 Queen City Ave
Manchester, NH, 03103
603.622.3020

www.farnumcenter.org

*Evaluation, Outpatient Counseling, IOP, MAT, Inpatient/Residential Services

Medicaid Accepted

Friendship House

2957 Main Street
Bethlehem, NH, 03574
603.869.2210

www.tccap.org

*Evaluation, Outpatient Counseling, IOP, Inpatient/Residential Services, Recovery Support

Medicaid Accepted

Green Mountain Treatment Center

244 High Watch Road
Effingham, NH, 03882
603.230.2448

www.GreenMountainTreatment.com

*Detox, Inpatient/Residential Services

Hampstead Hospital

218 East Road
Hampstead, NH, 03841
603.329.5311

www.hampsteadhospital.com

Detox, Evaluation, IOP, Inpatient/Residential Services

Medicaid Accepted

Headrest

14 Church Street
Lebanon, NH, 03766
603.448.4872

www.headrest.org

*Evaluation, Outpatient Counseling, IOP, Transitional Living

Medicaid Accepted

His Mansion

395 Wolf Hill Road
Deering, NH, 03244
603.464.5555

www.hismansion.com

*Inpatient/Residential Services

Hope on Haven Hill

(Pregnant or parenting women with children under 5 years of age)

326 Rochester Hill Road
Rochester, NH, 03867
603.948.1230

www.hopeonhavenhill.org

*Evaluation, IOP, Recovery Support, Inpatient/Residential Services

Medicaid Accepted

Keystone Hall

615 Amherst Street
Nashua NH 03063
603.881.4848

www.keystonehall.org

*Evaluation, Detox, Outpatient Counseling, IOP, Inpatient/Residential Services

Medicaid Accepted

Lakehouse Recovery LLC

(Males Only)

345 Scoby Road
Francestown, NH, 03043
603.247.0800

www.lakehouserecovery.com

*Inpatient/Inpatient/Residential Services

New England Recovery & Wellness

81 Hall Street
Concord, NH, 03301
855.500.8037

www.newenglandraw.com

*Evaluation, Outpatient Counseling, IOP, MAT, Partial Hospitalization, Recovery Support, Inpatient/Residential Services

Inpatient Treatment

Phoenix House – Dublin

3 Pierce Road
Dublin, NH, 03444
603.563.8501

www.phoenixhouse.org

*Inpatient/Residential Services

Medicaid Accepted

Phoenix House – Keene

106 Roxbury Street
Keene, NH, 03431
603.358.4041

www.phoenixhouse.org

*Detox, Outpatient Counseling, IOP, MAT, Partial Hospitalization, Recovery Support, Inpatient/Residential Services

Medicaid Accepted

Ray House (Women Only)

14 Holy Cross Road
Franklin, NH, 03235
603.934.2020

www.farnumcenter.org

*IOP, MAT, Inpatient/Residential Services

Medicaid Accepted

Riverbank House

(Males Only)

96 Church Street
Laconia NH 03246
603.531.3929

www.riverbankhouse.net

*IOP, Recovery Support, Inpatient/Residential Services

Serenity Place

101 Manchester Street
Manchester, NH, 03101
603.625.6980

www.serenityplace.org

*Evaluation, Detox, Outpatient Counseling, Inpatient/Residential Services

Medicaid Accepted

Southeastern NH Services

272 County Farm Road
Dover, NH, 03820
603.516.8160

www.dovernhtreatmentcenter.org

*Evaluation, Outpatient

Counseling, IOP, NH Impaired Driver Care Management DWI Program, Inpatient/Residential Services

Medicaid Accepted

Veteran Homestead Inc.

(Veterans Only)

85 Pierce Road
Fitzwilliam, NH, 03447
603.585.9427

www.veteranhomestead.org

*Detox, Outpatient Counseling, Recovery Support, Inpatient/Residential Services,

Webster Place (Men Only)

27 Holy Cross Rd
Franklin NH 03235
1.888.840.4243

www.farnumcenter.org

*IOP, MAT, Inpatient/Residential Services

Medicaid Accepted

West Bridge Community Services

1361 Elm Street, Suite 400
Manchester NH 03101
603.634.4446

www.westbridge.org

*Evaluation, Outpatient

Counseling, IOP, MAT, Inpatient/Residential Services

Food Pantries

Community Congregational Church

44 Post Road
Greenland, NH, 03840
604.436.8336
Wednesdays 10:00AM—12:00PM

East Kingston Food Pantry

24 Depot Road
East Kingston, NH, 03827
603.642.8406
Monday-Friday 8:00AM—3:00PM

Epping Community Church

4 Pleasant Street
Epping, NH, 03042
603.679.5542
Thursdays & Saturdays 9:00AM—11:00AM

First Baptist Church of Hampton

36 Winnacunnet Road
Hampton, NH, 03842
603.926.3200
Mondays 9:30AM—12:00PM

Fremont Food Pantry

295 Main Street
Fremont, NH, 03044
603.895.3825

Gather

210 West Road Suite 3
Portsmouth, NH, 03801
603.436.0641
Mondays-Thursdays 9:00AM—5:00PM
Fridays 9:00AM—1:00PM

Raymond Food Pantry

55 Prescott Road
Raymond, NH, 03077
603.895.2303

Hampton Beach

37 Ashworth Avenue
Hampton, NH, 03842
603.929.4427
Monday-Friday 5:00PM—6:45PM
Saturdays 2:00PM—4:00PM

Healing Rain Ministries

49 New Zealand Road
Seabrook, NH, 03874
603.601.0656
Tuesdays 4:00PM—6:00PM
Fridays 5:00PM—7:00PM
Sundays 1:00PM—4:00PM

Hobbs House Food Pantry

200 High Street
Hampton, NH, 03842
603.926.4936
Tuesdays, Thursdays & Saturdays 10:00AM—12:00PM

Newfields Community Church

71 Main Street
Newfields, NH, 03856
603.778.8628
By Appointment

Newmarket Community Church

137 Main Street
Newmarket, NH, 03857
603.659.3892
Fridays & Saturdays 9:00AM—12:00PM

Operation Blessing

600A Lafayette Road
Portsmouth, NH, 03801
603.430.8561
Mondays, Thursdays, Fridays
10:00AM—4:00PM

Pilgrim United Church of Christ

197 Middle Road
Brentwood, NH, 03833
603.778.3189
By Appointment Only

Salvation Army Food Pantry

28D Depot Square
Hampton, NH, 03842
603.929.1729
By Appointment Only

Salvation Army Food Pantry

15 Middle Street
Portsmouth, NH, 03801
603.436.2606
Monday-Thursday 9:00AM—12:00PM,
1:00PM—3:00PM

**Screven Food Pantry at
Seacoast Community Church**

397 Lafayette Road
Portsmouth, NH, 03862
603.436.8623
Tuesdays 12:00PM—12:30PM

Seabrook Food Pantry

146 Lafayette Road
Seabrook NH, 03874
603.474.3507

Seacoast Consumer Alliance Food Pantry

544 Islington Street
Portsmouth, NH, 03801
603.427.6966
Wednesdays & Fridays 1:00PM—3:00PM

Seabrook Church of Christ

867 Lafayette Road
Seabrook, NH, 03874
603.474.2660
Wednesdays 9:00AM—11:00AM

St. Vincent de Paul

53 Lincoln Street
Exeter, NH, 03833
603.772.9922
Mondays, Tuesdays, Thursdays
7:00PM—8:00PM
Wednesdays & Fridays
1:00PM—2:00PM

St. Vincent de Paul

Our Lady of the Miraculous Medal Church
289 Lafayette Road
Hampton, NH, 03842
603.929.4427
Mondays, Tuesdays, Thursdays, Fridays
10:30AM—12:30PM

Town of Hampton Food Pantry

100 Winnacunnet Road
Hampton, NH, 03842
603.926.5948
Monday, Tuesday, Thursday, Friday
9:00AM—1:00PM
Wednesday 9:00AM—5:00PM

United Methodist Church Food Pantry

525 Lafayette Road
Hampton, NH, 03842
603.926.2702
Wednesdays 9:30AM—11:30AM

Soup Kitchens

Common Table at St. John's Episcopal Church

101 Chapel Street
Portsmouth, NH, 03801
603.778.2357
Thursdays 11:00AM—1:00PM

Hampton Beach

37 Ashworth Avenue
Hampton, NH, 03842
603.929.4427
October—May
Monday-Friday 5:00PM—6:45PM
Saturday 2:00PM—4:00PM

Healing Rain Ministries

49 New Zealand Road
Seabrook, NH, 03874
603.601.0656
Fridays 5:00PM—7:00PM

Salvation Army Soup Kitchen

15 Middle Street
Portsmouth, NH, 03801
603.436.2606
Breakfast Monday-Friday 7:00AM—8:00AM
Dinner Daily 5:00PM—6:00PM

Screven Food Pantry

397 Lafayette Road
Portsmouth, NH, 03862
603.436.8623
Tuesdays 12:00PM—1:00PM

Seabrook Community Table

Trinity Parish House on Seabrook Rotary
Seabrook, NH, 03874
603.474.9608
Tuesdays & Wednesdays 5:00PM—6:00PM

St. Vincent de Paul

Our Lady of the Miraculous Medal Church
289 Lafayette Road
Hampton, NH, 03842
603.929.4427
Monday-Friday 5:00PM—6:45PM
Saturday 2:00PM—4:00PM

Supplemental Nutrition Assistance Program (SNAP) 1.800.852.3345

WIC Nutrition Program 1.800.942.4321

Rockingham Meals on Wheels 603.679.2201

Housing

New Hampshire Homeless Help

800.852.3388

New Hampshire Coalition To End Homelessness

603.641.9441 Ext. 251

Coordinated Entry

Monday—Friday 9:00AM—5:00PM

603.435.2448

Homelessness Prevention Program

603.431.2911

A Safe Place

6 Greenleaf Woods Suite 101
Portsmouth, NH, 03801
602.436.7924
www.asafeplacenh.org

Chase Home for Children

698 Middle Road
Portsmouth, NH, 03801
603.436.2216
www.chasehome.org

Cross Roads House

600 Lafayette Road
Portsmouth, NH, 03801
603.436.2218
www.crossroadshouse.org

New Generations

568 Portsmouth Avenue
Greenland, NH, 03840
603.436.4989
www.newgennh.org

NH Legal Assistance's Housing Justice Project

154 High Street
Portsmouth, NH, 03801
800.334.3135
www.nhla.org

Portsmouth Housing Authority

245 Middle Street
Portsmouth, NH, 03801
603.436.4310
porthousing.org

Seacoast Family Promise

27 Hampton Road
Exeter, NH, 03833
603.658.8448
www.sfpnh.org

The Housing Partnership

767 Islington Street
Portsmouth, NH, 03801
603.431.3620
www.housingpartnership.org

Mental Health

Connections Peer Support

544 Islington Street
Portsmouth, NH, 03801
603.427.6966
Peer Line: 603.433.8679
CPSC Warm Line: 1.800.809.6262
www.connectionspeersupport.org

NAMI Connection Recovery Support Group

Tuesdays, 1:00PM—2:30PM
Seacoast Mental Health Center
(Lighthouse Room)
1145 Sagamore Avenue
Portsmouth, NH, 03801
Contact Diane 603.793.7040
smhc-nh.org

NAMI New Hampshire

85 North State Street
Concord, NH, 03301
1.800.242.6264
naminh.org

PARS Psychiatric & Referral Services

A Service of Portsmouth Regional Hospital
24/7 Crisis Suicide Prevention Hotline
603.433.5270 or 603.433.5135
[www.portsmouthhospital.com/service/
pars-psychiatric-referral-services](http://www.portsmouthhospital.com/service/pars-psychiatric-referral-services)

Seacoast Mental Health Center

1145 Sagamore Road
Portsmouth, NH, 03801
603.431.6703
smhc-nh.org

Seacoast Mental Health Center

30 Prospect Avenue
Exeter, NH, 03833
603.772.2710
smhc-nh.org

Seacoast Pathways

North Church Parish House
355 Spinney Road
Portsmouth, NH, 03801
603.812.9031
seacoastpathways.org

Transportation

ACT—Alliance for Community Transportation

603.834.6010

www.communityrides.org

ACT—Community Rides

42 Sumner Drive

Dover, NH, 03820

603.834.6010

www.communityrides.org

ACT—Ready Rides

Register: 603.244-8719,

Ride Request: 1.855.SENH.BUS

www.readyrides.org

ACT—TripLink

603.834.6010

www.communityrides.org/triplink/html

C & J Trailways

Portsmouth Transportation Center

185 Grafton Drive

Portsmouth, NH, 03801

603.430.1100

www.ridecj.com

COAST - Cooperative Alliance Seacoast Transportation

42 Sumner Drive

Dover, NH, 03820

603.743.5777

www.coastbus.org

Greyhound

Portsmouth Bus Stop

54 Hanover Street

Portsmouth, NH, 03801

1.800.231.2222

www.greyhound.com

TASC—Transportation Assistance for Seacoast Citizens

Hobbs House Community Center

200 High Street

Hampton, NH, 03842

603.926.9026

www.tasc-rides.org

TAXI SERVICES

Academy Taxi

Exeter, NH

603.658.8294

Anchor Taxi

Greenland, NH

603.436.1888

Annie's Taxi

Portsmouth, NH

603.531.9955

Blue Star Taxi

North Hampton, NH

603.436.2774

BobKat Transportation

Portsmouth, NH

603.205.1788

Great Bay Taxi

Portsmouth, NH

603.431.4555

Portsmouth Taxi

Portsmouth, NH

603.431.6811

Rockingham Taxi

Greenland, NH

603.501.0960

Prevention



Austin 17 House
263 Route 125
Brentwood, NH, 03833
603.686.9505
www.austin17house.org

Austin17House is a place where youth and adults can strengthen their identity, become strong leaders and where they can build and find their dreams. Our goal is to do this through community, building support systems, and hope.



Chuck's Fight
380 Lafayette Road Unit 11-193
Seabrook, NH, 03874
978.423.1222
www.chuckysfight.com

Chuck's Fight is dedicated in helping teens, by education and assistance, refrain from, or fight the hard fight of substance abuse! The best way to combat substance abuse is to NEVER try it! Education is key and we do everything in our power to help the kids!



Granite Youth Alliance
United Way of the Greater Seacoast
uwgs.org

The Granite Youth Alliance consists of regional youth leadership teams that tackle the toughest issues facing young people in the state like drug and alcohol abuse, bullying and disconnectedness from the community. Granite Youth Alliance is based on the Dover Youth to Youth model of youth empowerment. There are six GYA teams in Rockingham County.



New Heights Teen Center
100 Campus Drive Suite 23
Portsmouth, NH, 03801
603.422.8235 newheightsonline.org

New Heights' mission is to unleash the individual and collective potential of today's youth by offering experiential learning opportunities through exploration of their culture, community and natural environment; expression of their unique talents, ideas and creativity; and engagement in science, technology, arts and outdoor learning.



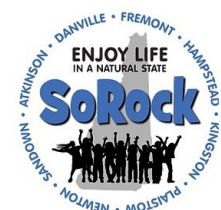
Newmarket Alliance for Substance Abuse Prevention
137 Main Street
Newmarket, NH, 03857
603.659.3892
www.newmarketchurch.org

Poised to end substance misuse in Newmarket, a group of community leaders meet regularly at Newmarket Community Church to build community programming, provide education, make community connections, maximize prevention opportunities, and build community support for individuals who struggle with addiction.



Raymond Coalition for Youth
4 Epping Street, Raymond, NH,
603.895.7061
rcfy.org

Raymond Coalition For Youth empowers the community to promote positive youth development and reduce youth substance use and suicide risk. RCFY envisions a community where our youth are valued and supported to make healthy choices.



SoRock Coalition
17 Danville Road
Kingston, NH, 03848
603.642.3341 Ext. 196
sorocknh.org

It is the mission of the SoRock Coalition to promote, support and sustain healthy life choices for youth and their families in our communities. The towns of the Sanborn and Timberlane school districts are caring communities that support families being the best they can be by promoting safe, healthy and substance free lifestyles for children and adults through collective and individual responsibility.



Zero Left
603.772.3395
moser6@comcast.net

The Zero Left Initiative is not a uniquely pioneering initiative, but an initiative that highlights a few of the basic ways the health care industry can help with the current opioid crisis. In that end, it is about having ZERO pills LEFT for the medicine cabinet.

Recovery

Safe Harbor Recovery Center

865 Islington Street
Portsmouth, NH, 03801
603.570.9444

867 Lafayette Road
Seabrook, NH, 03874
603.570.9444

Safe Harbor is a peer-led recovery center. It is a resource open to anyone impacted by addiction—including family and friends of those most keenly affected. The recovery model is peer and community driven. Based on conversations with key community and public health leaders to date, the services to be provided by SHRC will include the following:

- Recovery Coaching
- Peer Support & Support Groups
- Family Education & Support
- Workshops
- Resources
- Health & Wellness Programs
- Recreational Activities & Sober Events

Alcoholics Anonymous

1.800.593.3330

www.seacoastaa.org

Heroin Anonymous

1.866.401.2085

www.heroinanonymous.org

Narcotics Anonymous

1.888.624.3578

www.gsana.org

SMART Recovery

603.670.5557

www.smartrecoverynh.org

Family Support

Alanon/Alateen

603.369.6930

www.nhal-anon.org

Families Hoping and Coping

Wednesdays 7:00—8:30 PM

Safe Harbor Recovery Center

865 Islington Street, Portsmouth, NH

Contact: Elaine 603.315.9177 or Tim 603.703.3948

F.A.S.T.E.R. Family Support Group

3rd Thursday of each month 6:00—7:00PM

Church of Christ

867 Lafayette Road, Seabrook, NH

Contact: Chucky 978.423.1222

Exeter Family Support Group

2nd and 4th Tuesday of each month 7:00 -8:15 PM

First Baptist Church

2 Spring Street, Exeter, NH

Contact: Linda 978.578.5670

Keep Hope Alive

1st and 3rd Wednesday of each month 7:00—8:30 PM

Raymond Baptist Church

145 State Route 27, Raymond, NH

Contact: Ann 603.731.4227 or Tom 603.731.1523

Statewide Family Support Group Coordinator

Lynn Fuller

hopeforfamilies123@gmail.com

www.granitepathwaysnh.org/family-support-groups